



Learn more. Live Better!

Managing *Chronic Disease*

Almost 6 in 10 Canadian employees have a chronic condition. Empower them with the support they need to take charge of their health, while you improve productivity and mitigate costs for your organization.

Expert care - Employees get direct access to and reimbursement for one-on-one coaching and education services from certified health professionals with specialized expertise - without a doctor's referral.

Covered conditions:

- lung health (asthma, COPD)
- diabetes
- heart health (high blood pressure, high cholesterol), and
- quit smoking services.

Personalized services - Health professionals coach employees to better understand their condition, develop personalized plans to treat and manage their symptoms, and provide support for administering their medications, adhering to treatment, and making appropriate lifestyle adjustments.

Accessible from anywhere - Our national network of approved health professionals provides expert services that are delivered in-person, through online video, or by telephone - in both official languages.

Easy to use - Employees can find an approved health professional near them using the provider search function on our website or Medavie Mobile app. They can also easily submit claims for reimbursement - the same way they would for other benefits.

High value - This is a benefit you'll want to promote. In addition to better health outcomes, studies consistently demonstrate that improving health literacy, self-care and adherence to treatment leads to positive returns on the plan sponsors' benefit investment - with less absenteeism, fewer disability claims, and lower drug spends.

Minimal investment - This benefit is subject to an annual combined maximum of \$500 per participant per year - comparable to other extended health care benefits. And it's included in all standard insured group plans.

To learn more, visit
medaviebc.ca/livebetter

